- **Treatment Landscape for Desmoid Tumors Desmoid Tumor Research Foundation Natural History Study**
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# BACKGROUND

- Desmoid tumors (aggressive fibromatosis) are rare, locally aggressive, infiltrative, potentially morbid soft-tissue tumors that rarely metastasize but are challenging to diagnose and treat<sup>1</sup>
- Key treatment goals include decrease in tumor size and cellularity and improvements in pain, symptom burden, functioning, and overall quality of life<sup>2,3</sup>
- Various disease management options are available for patients with desmoid tumors, including surgery, systemic therapies (eg, gamma secretase inhibitors, nonsteroidal anti-inflammatory drugs [NSAIDs], conventional cytotoxic chemotherapy, and tyrosine kinase inhibitors), local control treatments (eg, cryoablation and high-intensity focused ultrasound), symptom management, and active surveillance<sup>1,2</sup>
- Individual experiences of desmoid tumor prognosis and management are vast and varied<sup>1,2</sup>

# **OBJECTIVE**

• To describe the real-world treatment landscape for patients with desmoid tumors after diagnosis

# **METHODS**

- Data from the global, survey-based Desmoid Tumor Research Foundation (DTRF) Natural History Study were collected from Sept 2017 to Aug 2023<sup>4</sup>
- The fifteen surveys included in the study were designed to describe the symptoms through different clinical stages of rare disorders (developed from templates produced by the National Organization for Rare Disorders [NORD]), and specifically desmoid tumors (designed by the DTRF Natural History Study investigators)<sup>4,5</sup>
- This analysis focused on details about desmoid tumor treatments reported by adult patients or caregivers of pediatric patients who speak and read English
- Where applicable, proportions were compared between groups using Pearson's chi-square test or Fisher's exact test
- The N values vary for analyses due to differing data completeness across survey questions

# RESULTS

IQR, interquartile range

**PARTICIPANT AND DESMOID TUMOR CHARACTERISTICS** 



**Desmoid Tumor Duration (N = 383)** 







## SYSTEMIC TREATMENTS AND SYMPTOM MANAGEMENT

- 76% (281/369) of participants received systemic therapy after desmoid tumor diagnosis, including NSAIDs (40%), tyrosine kinase inhibitors (32%), and chemotherapeutics (31%) (Table 1)
- Use of medications for symptom management was similar whether participants had a current tumor or not (p = 0.929) (Table 2)

### Table 1. Systemic Treatments (Any Line; N = 281)

	N (%) <sup>a</sup>
Chemotherapeutics	87 (31%)
Methotrexate	32 (37%)
Vinblastine	26 (30%)
Doxorubicin (or doxorubicin)	25 (29%)
Liposomal doxorubicin (or doxil)	25 (29%)
Dacarbazine	7 (8%)
Vinorelbine	6 (7%)
Hydroxyurea	2 (2%)
Ifosfamide	2 (2%)
NSAIDs (inc. sulindac and celecoxib)	112 (40%)
NSAIDs (not otherwise specified)	51 (46%)
Sulindac	46 (41%)
Celecoxib	23 (21%)
Tyrosine kinase inhibitors	91 (32%)
Sorafenib	64 (70%)
Imatinib	26 (29%)
Pazopanib	9 (10%)
Sunitinib	1 (1%)
Hormone antagonists <sup>b</sup>	47 (17%)
Antihormonal agent (eg, tamoxifen)	41 (87%)
Toremifene	4 (9%)
Anastrozole	2 (4%)
Gamma secretase inhibitor	3 (1%)
Other (eg, rituximab)	57 (20%)

## **TREATMENT SEQUENCING**

Sweden (1), and the United Arab Emirates (1)

In 126 participants (33%; 126/383) who received multiple treatments, surgery was the most prevalent first-line treatment, and chemotherapy was the most prevalent second- and third-line treatment (Figure 1)

<sup>a</sup>23 additional countries with <10 participants include Argentina (1), Belgium (1), Brazil (3), the Cayman Islands (1), Denmark (1), Estonia (1), France (2), Germany (1),

Hong Kong (1), India (1), Ireland (4), Italy (2), Japan (1), Jersey (1), Jordan (1), the Netherlands (1), Norway (1), the Philippines (1), Poland (1), Romania (1), Spain (1),

## Figure 1. Treatment Sequencing (n = 126)



#### **TUMOR BURDEN**

arms, hands, feet, and legs

• 70% (240/341) of participants had a current tumor and of 202 participants who received prior treatment, 46% (92) reported continued tumor growth

superficial location on the stomach muscle. <sup>d</sup>Refers to locations deep in the abdomen and involving the bowels, kidney, and/or pelvis. <sup>e</sup>Refers to the hips, knees, shoulders,

- A greater proportion of participants with a current desmoid tumor underwent monitoring at least every 6 months (77%; 181/235) versus those without a current tumor (54%; 49/91) (Figure 3)
- Monitoring included regular clinical health visits and radiologic assessment (eg, CT, MRI)
- No differences were observed in monitoring frequency according to familial adenomatous polyposis (FAP) or CTNNB1 genetic mutations (p = 0.694; data not shown)

1 <sup>st</sup> Line	59%	24%	10%	<1%	4%	2%
2 <sup>nd</sup> Line	27%	43%	14%	4%	<1%	5%
3 <sup>rd</sup> Line	10%	18%	12%	5%	2%	0%

### SURGICAL OUTCOMES

articipants,

• Of the 163 participants (43%; 163/383) who underwent surgery after diagnosis, 63% reported subsequent continued tumor growth/recurrence at a rate that was similar among male (57%; 28/49) and female (68%; 75/110) participants

-4 (2%) participants did not respond or identified as transsexual

- 7% (12/163) of participants who underwent surgery required amputation, and most of this group (83%; 10/12) experienced desmoid tumor recurrence after amputation; the age of symptom onset for all participants who reported amputation was ≤30 years
- Trends in surgical outcomes were similar across tumor locations (p = 0.209) (Figure 2)

## **Figure 2. Surgical Outcomes by Tumor Location**



#### **Figure 3. Desmoid Tumor Monitoring Frequency by Current Tumor Status**



# CONCLUSIONS

Surgery was the most prevalent first-line therapy after diagnosis for participants with multiple treatments, with a high rate of desmoid tumor recurrence after surgery regardless of tumor location

<sup>a</sup>Percentages in shaded rows are based on a total N of 281. Percentages in non-shaded rows are based on subgroup n values indicated in the preceding shaded row; n values vary. <sup>b</sup>Hormone antagonists are no longer recommended by treatment guidelines.<sup>6</sup>

#### Table 2. Medications for Symptom Management

Medications	<b>Overall</b> (N = 322)	<b>Current</b> <b>Tumor</b> (n = 225)	<b>No Current</b> <b>Tumor</b> (n = 97)
	N (%)	n (%)	n (%)
NSAIDs <sup>a</sup>	151 (47%)	103 (46%)	48 (49%)
Antidepressants <sup>b</sup>	60 (19%)	41 (18%)	19 (20%)
Anticonvulsants <sup>c</sup>	36 (11%)	26 (12%)	10 (10%)
Muscle relaxants <sup>d</sup>	39 (12%)	28 (12%)	11 (11%)
Opioids <sup>e</sup>	61 (19%)	45 (20%)	16 (16%)
Other	33 (10%)	26 (12%)	7 (7%)
None	104 (32%)	69 (31%)	35 (36%)

Some participants reported more than one tumor location; therefore, percentages exceed 100%

- Utilization and sequencing of systemic therapies was variable, reflecting the absence of a standard of care
- Participants experienced substantial tumor recurrence and growth after treatment(s)
- Substantial supportive care was reported, suggesting a high unmet medical need in desmoid tumor management despite the variety of treatment options
- With FDA approval of nirogacestat for the treatment of patients with desmoid tumors, clinical practice should mirror guideline updates from the National Comprehensive Cancer Network in Oncology (NCCN)

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<sup>a</sup>acetyl salicylic acid, celecoxib, ibuprofen, indomethacin, naproxen, oxaprozin, and nabumetone. <sup>b</sup>sertraline, fluoxetine, citalopram, escitalopram, paroxetine, fluvoxamine and trazodone. <sup>c</sup>carbamazepine, diazepam, ethosuximide, and gabapentin. <sup>d</sup>baclofen, chlorzoxazone, carisoprodol, cyclobenzaprine, dantrolene, diazepam, metaxalone, methocarbamol, and tizanidine. ecodeine, fentanyl, hydrocodone, meperidine, and methadone

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